



Gulf Atlantic Diocese Men's Retreat

May 5th-7th, 2023

Address of Event: Realife at Blue Springs 2650 Lakeshore Drive Marianna, Florida 32446

Event Schedule: *(Please note schedule is listed in Central Time)*

Friday

- 5:00pm Arrivals Begin
- 7:30pm Evening Session
- 10:30pm Back to Rooms
- 11:00pm Lights Out

Saturday

- 8:00am Breakfast
- 9:00am Morning Session
- 11:00am Premium Activity Session (Paintball & Riverboat)
- 1:00pm Lunch
- 2:00pm Free Time (Basketball, Volleyball, etc.)
- 3:00pm Afternoon Water Activities (Pool, Blob, Kayaks)
- 5:30pm Clean up for Dinner
- 6:30pm Dinner
- 7:30pm Evening Session
- 10:30pm Back to Rooms
- 11:00pm Lights Out

Sunday

- 8:00am Breakfast
- 9:00am Morning Session
- 11:00am Departure

Things to Bring to Camp

1. Sleeping bag and pillow or bed linens for a twin mattress.
2. Old camp clothes – include long pants in addition to shorts.
3. Old tennis shoes and flip flops/sandals – bring an additional pair of shoes in case one pair gets wet
4. Bible, notebook, and pen
5. Bug spray
6. Sunscreen
7. Towel and basic bathroom toiletries
8. Pocket flashlight
9. Swimsuit

Things Not to Bring to Camp

1. Please avoid bringing computers, electronic games, etc. unless absolutely necessary. Cell phones are OK to bring but we recommend that they be kept in the rooms.
2. Magazines, drugs, alcohol, tobacco, vape pens, fireworks, matches, lighters, knives, guns, or weapons.
3. Obscene materials or inappropriate t-shirt graphics.
4. Please do not bring anything valuable as items can be damaged, stolen, or misplaced. All personal belongings and cash are the complete responsibility of the camper for loss or damage.

General Menu **This menu is subject to change.*

Breakfast: biscuits and gravy, bacon/sausage, eggs, hash browns, cereal, oatmeal, grits, fruit, milk, orange or apple juice.

Lunch: hamburgers, hotdogs with chili, chicken sandwiches, hot ham and cheese sandwiches, French fries. Each lunch is served with a side such as chips, mac and cheese, fruit, or veggie.

Dinner: chicken alfredo with broccoli and garlic toast, tacos and nachos, lasagna, Baked Chicken, Ham, and loaded potato skins. Each dinner is served with at least one vegetable. A full salad bar including diced chicken is also provided with every dinner.

Food and Dietary Concerns

1. Realife at Blue Springs does not include specially prepared meals unless special arrangements have been made. Specially prepared meals may include additional costs.
2. Realife at Blue Springs does not guarantee the content of our meals to be free from gluten, nut oils, salt, dairy, shellfish, artificial dyes, or any other substances that are common ingredients that may be harmful to you.
3. Below you will find a general menu for your event. It is the camper's and parent's responsibility to review the food items and to satisfy themselves that the foods meet their allergy or diet requirements.
4. If you are concerned that any of the items above do not fit your dietary requirements, then it will be your responsibility to bring food substitutes to camp with you that meet your needs. The kitchen is off-limits to all visitors and our kitchen staff will not be available to prepare your food substitutes. We will however provide a refrigerator, a freezer, and a microwave for your use in the dining hall area if you choose to bring food substitutes.

General Group Retreat Policy [Please Read]

1. Individual Registration-Every participant (Including guest speakers, special guests, band members, etc.) is required to register individually online from the link provided. This individual registration includes the required waivers and assumption of risks documents.
2. Snack Bar/Canteen- Realife at Blue Springs will provide a snack shack on a schedule. Snack Shack items include Sodas, Energy Drinks, and candy of various types ranging from \$1-\$3.
3. Changes to Individual Registrations-During this Individual online registration, your participants will have the opportunity to choose activities, roommate requests, and other specifics related to your retreat. After this registration is complete, all changes will need to be made by your church when your participants check in at the retreat/camp property. Please do not call or email Realife at Blue Springs with information updates or change requests for activities.
4. Wi-Fi - is available in the cafeteria area. Passwords will be provided to the group leader upon arrival.
5. Property Damage-Group registrants are responsible for intentional property and equipment damage excluding normal wear and tear. A cleaning and Damage Deposit of \$1,000 will be added to your invoice. This deposit will be returned 14 days after your event pending cleaning and damage inspection by Realife at Blue Springs.

Retreat Rules [Please Read]

- No pets are allowed on camp property.
- No alcohol is allowed on the property.
- The general Curfew for the Retreat Property is 11 pm unless specific adjustments have been pre-approved. 9. Outdoor Music levels and noise must be reduced in volume at 10:30 pm to avoid disturbing the peace. 10. All Water activities including pool, beach and blob must be scheduled in advance and have lifeguards on duty. 11. No night swimming allowed.
- All activities in the water (*excluding swimming pool*), including swimming, slide and blob require a properly fitted life vest. (Life vests are provided by Realife Blue Springs).
- Retreat participants are not allowed to drive golf carts unless they have been specifically rented. Customers will be responsible for damages to golf carts beyond normal wear and tear.