The First Sunday in Lent

18 February 2024 | 9:00am

HOLY COMMUNION IN CONTEMPORARY LANGUAGE



St. Peter's Anglican Cathedral

Reaching One Another, Tallahassee, and the World with the Transforming Love of Jesus Christ

WELCOME TO ST. PETER'S! Whether this is your first worship service here, or you've lost count, we're so glad you're here. We are an Anglican Church and the Cathedral of the Gulf Atlantic Diocese of the Anglican Church in North America. As such, we are rooted in the theology and worship of the English Reformation and our service consists of a regular pattern of prayers, music/songs, and readings that fall into two movements. In the LITURGY OF THE WORD, we listen to God's word read, sung, prayed, and taught. In the LITURGY OF THE TABLE, we are nourished by God through the sacrament of his body and blood. The liturgy, which follows the ACNA *Book of Common Prayer 2019*, is all here in this service bulletin for you to easily follow along. Old & New Testament passages are taken from *The Holy Bible*, *English Standard Version*; Psalms are taken from the *New Coverdale Psalter*.

Please observe silence before the service for prayer and meditation. All mobile telephones, pagers, and electronic devices should be turned off prior to the service. Photography, video, and audio-recording may occur at any Cathedral worship service/event.

Holy Communion

Prelude	Cantabile	C. Saint Saëns

The Entrance Rite

Pealing of the Bells *Please stand.*

Entrance Hymn 142 Lord, Who Throughout These Forty Days who through-out these for - ty days for didst fast and Lord us pray, didst con-tend, and As thou with Sa - tan didst the vic-tory win, didst 3 hun-ger bear and thirst, so us, gra-cious Lord, As thou teach 4 through these days of pen - i - tence, and through thy Pas-sion - tide, And us, that suf - fering o - ver - past, 5- bide with so, this life of A mourn our sins, and close by thee to with thee to stay. teach us thee to fight, in 2 0 thee give us strength in to con-quer sin. 3 self, chief - ly live by thy most ho - ly to die to and word. in life and death, Je - sus! with us bide. 4 yea, er - more, a ev un - end - ing joy we 5 an Eas - ter of may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898) Music: St. Flavian, melody from Day's Psalter, 1562; adapt. and harm. Richard Redhead (1820-1901)

The Seasonal Greeting

Celebrant:Bless the Lord who forgives all our sins.People:His mercy endures for ever.

The Collect for Purity

Celebrant and People:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Decalogue All kneel.

Reader: God spoke these words, and said: I am the Lord your God, you shall have no other *People*: gods but me.

Lord, have mercy upon us, and incline our hearts to keep this law.

Reader: You shall not make for yourself any idol.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

- *Reader:* You shall not take the name of the Lord your God in vain.
- People: Lord, have mercy upon us, and incline our hearts to keep this law.
- *Reader:* Remember the Sabbath day and keep it holy.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Reader: Honor your father and your mother.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

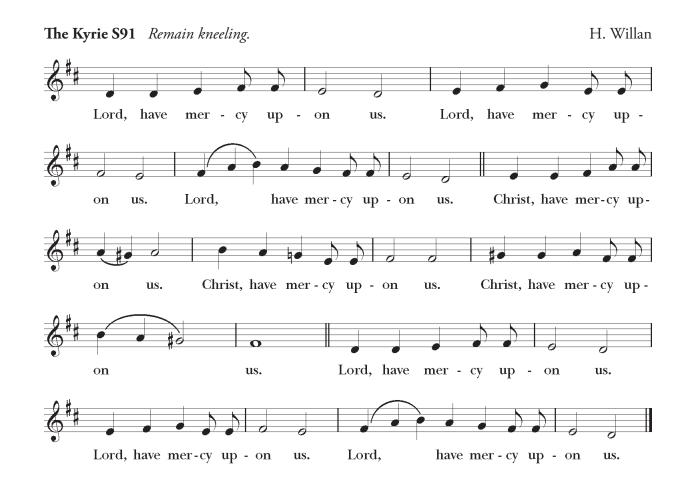
- *Reader:* You shall not murder.
- *People*: Lord, have mercy upon us, and incline our hearts to keep this law.
- *Reader:* You shall not commit adultery.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Reader: You shall not steal.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

- *Reader:* You shall not bear false witness against your neighbor.
- *People*: Lord, have mercy upon us, and incline our hearts to keep this law.
- Reader: You shall not covet.
- *People*: Lord, have mercy upon us, and write all these, your laws, in our hearts, we beseech you.



The Collect of the Day

- *Celebrant:* The Lord be with you.
 - People: And with your spirit.

Celebrant: Let us pray.

Celebrant: Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations, and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Liturgy of the Word

The First Lesson All are seated.

Genesis 9:8-17

⁸ Then God said to Noah and to his sons with him, ⁹ "Behold, I establish my covenant with you and your offspring after you, ¹⁰ and with every living creature that is with you, the birds, the livestock, and every beast of the earth with you, as many as came out of the ark; it is for every beast of the earth. ¹¹ I establish my covenant with you, that never again shall all flesh be cut off by the waters of the flood, and never again shall there be a flood to destroy the earth." ¹² And God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: ¹³ I have set my bow in the cloud, and it shall be a sign of the covenant between me and you and every living creature of all flesh. And the waters shall never again become a flood to destroy all flesh. ¹⁶ When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." ¹⁷ God said to Noah, "This is the sign of the covenant that I have established between God and every living creature of all flesh.

Lector: The Word of the Lord. *People:* Thanks be to God.



Psalm 25:3-9 Chanted by all.

- 3 Show me your ways, O Lórd, * and teach **mé** your paths.
- 4 Lead me forth in your truth and **téach** me,* for you are the God of my salvation; in you has been my hope **áll the** day long.
- 5 Call to remembrance, O Lord, your tender **mér**cies, * and your loving-kindnesses, which have **béen from** of old.
- 6 O remember not the sins and offenses of my yóuth, * but according to your mercy think on me, O Lord, ín your goodness.
- 7 Gracious and righteous is the **Lórd;** * therefore will he teach sinners **ín** the way.
- 8 Those who are meek shall he guide in **júdg**ment, * and those who are gentle shall he **téach** his way.
- 9 All the paths of the Lord are mercy and trúth * to those who keep his covenant ánd his testimonies.

The Second Lesson

1 Peter 3:18-22

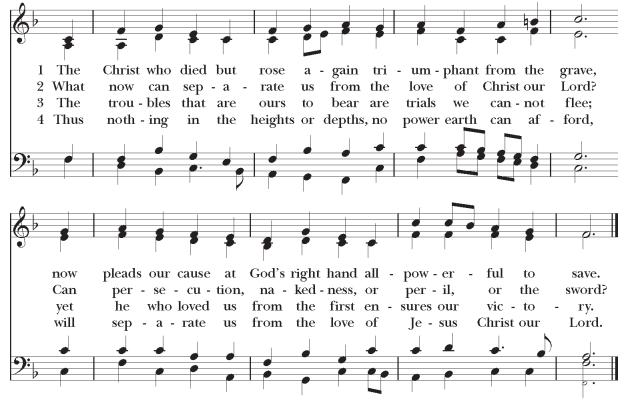
¹⁸ For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God, being put to death in the flesh but made alive in the spirit, ¹⁹ in which he went and proclaimed to the spirits in prison, ²⁰ because they formerly did not obey, when God's patience waited in the days of Noah, while the ark was being prepared, in which a few, that is, eight persons, were brought safely through water. ²¹ Baptism, which corresponds to this, now saves you, not as a removal of dirt from the body but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, ²² who has gone into heaven and is at the right hand of God, with angels, authorities, and powers having been subjected to him.

Lector:The Word of the Lord.People:Thanks be to God.

Sequence Hymn 447 All stand.

The Christ Who Died But Rose Again

At this time, Children (1st Grade & under) are invited to come to Children's Chapel. We gather in the Narthex before moving downstairs. In Chapel, the children will have an opportunity to hear the Gospel, pray, sing, and participate in a format that is enriching and engaging. Children will return to their pews during The Peace.



The Gospel *Remain standing.*

Mark 1:9-13

Gospeler: The Holy Gospel of our Lord Jesus Christ according to St. Mark.People: Glory to you, Lord Christ.

⁹ In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰ And when he came up out of the water, immediately he saw the heavens being torn open and the Spirit descending on him like a dove. ¹¹ And a voice came from heaven, "You are my beloved Son; with you I am well pleased." ¹² The Spirit immediately drove him out into the wilderness. ¹³ And he was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him.

Gospeler:The Gospel of the Lord.People:Praise to you, Lord Christ.

The Sermon

The Rev'd Canon David Pucik



The Nicene Creed All stand.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, visible and invisible. We believe in one Lord, Jesus Christ, the only-begotten Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People All kneel. After each bidding of "Lord, in your mercy" the People prayerfully respond with "Hear our prayer." The Exhortation is appointed to be read on the First Sunday in Lent, Trinity Sunday, and the First Sunday in Advent.

The Exhortation Remain kneeling as able.

Dearly beloved in the Lord: if you intend to come to the Holy Communion of the Body and Blood of our Savior Jesus Christ, you must consider how Saint Paul, in his First Letter to the Corinthians, exhorts us all diligently to examine ourselves before we presume to eat of that Bread, and drink of that Cup. For as the benefit is great, if we receive that holy Sacrament with a truly penitent heart and lively faith, spiritually eating the flesh of Christ and drinking his blood, so that we might be made one with Christ and he with us; so also is the danger great, if we receive these gifts unworthily. For then we become guilty of profaning the Body and Blood of Christ our Savior, and we eat and drink to our own condemnation.

Therefore, judge yourselves lest you be judged by the Lord. First, examine your life by the rule of God's commandments. Wherever you have offended, either by thought, word, or deed, confess your sins to Almighty God, with the full intention to amend your life. Be ready to make restitution for all injuries and wrongs you have done to others; and also be ready to forgive others who have offended you: for otherwise, if you unworthily receive Holy Communion, you will increase your own condemnation. Therefore, repent of your sins, or else do not come to God's Holy Table.

If you have come here today with a troubled conscience, and you need help and counsel, come to me, or to some other priest, and confess your sins; that you may receive godly counsel, direction, and absolution. To do so will both satisfy your conscience and remove any scruples or doubt.

Above all, each of us should give humble and hearty thanks to God for the redemption of the world by the death and passion of our Savior Jesus Christ. He humbled himself, even to death on a cross, for us sinners who lay in darkness and in the shadow of death, that he might make us children of God, and exalt us to everlasting life.

Because of his exceedingly great love for us, our Savior Jesus Christ has instituted and ordained these holy mysteries as pledges of his love, and for a continual remembrance of his death and passion, to our great and endless comfort.

To him, therefore, with the Father and the Holy Spirit, let us give continual thanks, as is our duty and our joy; submitting ourselves entirely to his holy will and striving to serve him in holiness and righteousness all the days of our life. **Amen.**

The Confession of Sin Remain kneeling.

Celebrant and People:

Almighty God, Father of our Lord Jesus Christ, maker and judge of us all: We acknowledge and lament our many sins and offenses, which we have committed by thought, word, and deed against your divine majesty, provoking most justly your righteous anger against us. We are deeply sorry for these our transgressions; the burden of them is more than we can bear. Have mercy upon us, Have mercy upon us, most merciful Father; for your Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may evermore serve and please you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The Comfortable Words Remain kneeling.

The Celebrant may then say one or more of the following sentences, first saying:

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life. John 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners. I TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world. I JOHN 2:1-2

The Peace All stand and greet one another in the name of the Lord.

Celebrant:The Peace of the Lord be always with you.People:And with your spirit.

At this time, the children who participated in Children's Chapel will return to their seats. Parents, please look for your children and help them find their seats.

The Holy Communion

You can now give your tithes or pledges by texting SPAC to 73256 followed by your desired gift amount, e.g. SPAC \$50.

At the Offertory Diane Marshall, violin

Out of the Depths

R. Frost

Out of the depths have I cried unto you. Lord, hear my voice. Let your ear be attentive to my cry. Lord, hear my cry for mercy. If you, O Lord, kept a record of sin, who, then, could stand? But with you, Lord, there is forgiveness. Therefore, you may be feared. I wait for the Lord, my soul does wait, and in his word, do I hope.

Presentation Hymn 474 All stand. When I Survey the Wondrous Cross 1 When the the sur vev won drous cross where young whole of that 4 Were the realm ture mine, were an na -Glo died, rich of ry my Prince gain fering far small: love too 80 maz - ing loss, all pride. but and pour con on count - tempt my de - mands life. di - vine. all. my soul. my my so

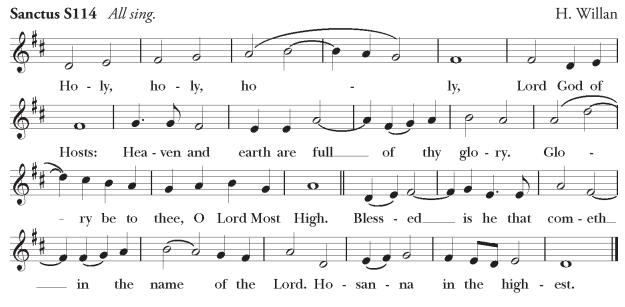
The Sursum Corda

Celebrant:	The Lord be with you.
People:	And with your spirit.
Celebrant:	Lift up your hearts.
People:	We lift them up to the Lord.
Celebrant:	Let us give thanks to the Lord our God.
People:	It is right to give him thanks and praise.

Celebrant:

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:



All kneel.

All praise and glory is yours, O God our heavenly Father, for in your tender mercy, you gave your only Son Jesus Christ to suffer death upon the cross for our redemption. He made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and he instituted, and in his Holy Gospel commanded us to continue, a perpetual memory of his precious death and sacrifice, until his coming again.

So now, O merciful Father, in your great goodness, we ask you to bless and sanctify, with your Word and Holy Spirit, these gifts of bread and wine, that we, receiving them according to your Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

For on the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body which is given for you: Do this in remembrance of me."

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People: Christ has died. Christ is risen. Christ will come again.

The Celebrant continues:

And here we offer and present to you, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice. We humbly pray that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of your Son Jesus Christ, be filled with your grace and heavenly benediction, and be made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, because of our many sins, to offer you any sacrifice, yet we ask you to accept this duty and service we owe, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord.

By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**



The Lord's Prayer

Celebrant: And now as our Savior Christ has taught us, we are bold to pray:

People: Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction

Celebrant:Christ our Passover is sacrificed for us.People:Therefore let us keep the feast.

The Prayer of Humble Access

Celebrant and People:

We do not presume to come to this, your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not worthy so much as to gather up the crumbs under your table; but you are the same Lord whose character is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

Invitation to Communion

Communion Instructions

All baptized Christians, regardless of denomination, are welcome to receive the real and living presence of Christ in this Holy Communion. Anyone may come forward for a blessing in lieu of Communion. Please indicate your desire for a blessing by crossing your arms on your chest.

An usher will release the aisles to come forward for Communion. A verger will direct you to the altar rail where a priest will place a wafer in your hands. If you would like to dip the wafer into the wine, hold it so it is visible and the first chalice bearer will offer you the intinction chalice for you to do so. If you would like to drink from the common cup, consume the bread and drink from the chalice offered by the second chalice bearer.

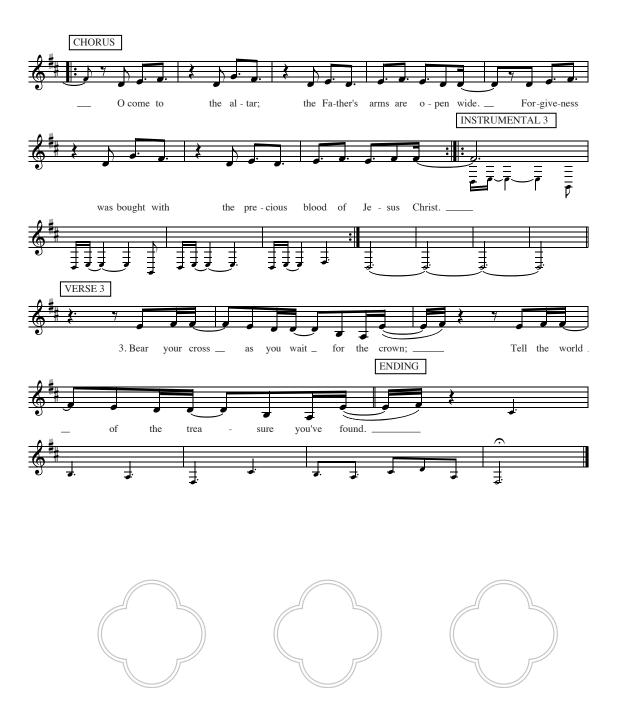
Gluten-free wafers are available from the acolytes in front of the pulpit or the lectern. Once you have obtained your wafer, come to the priest for the words of administration.

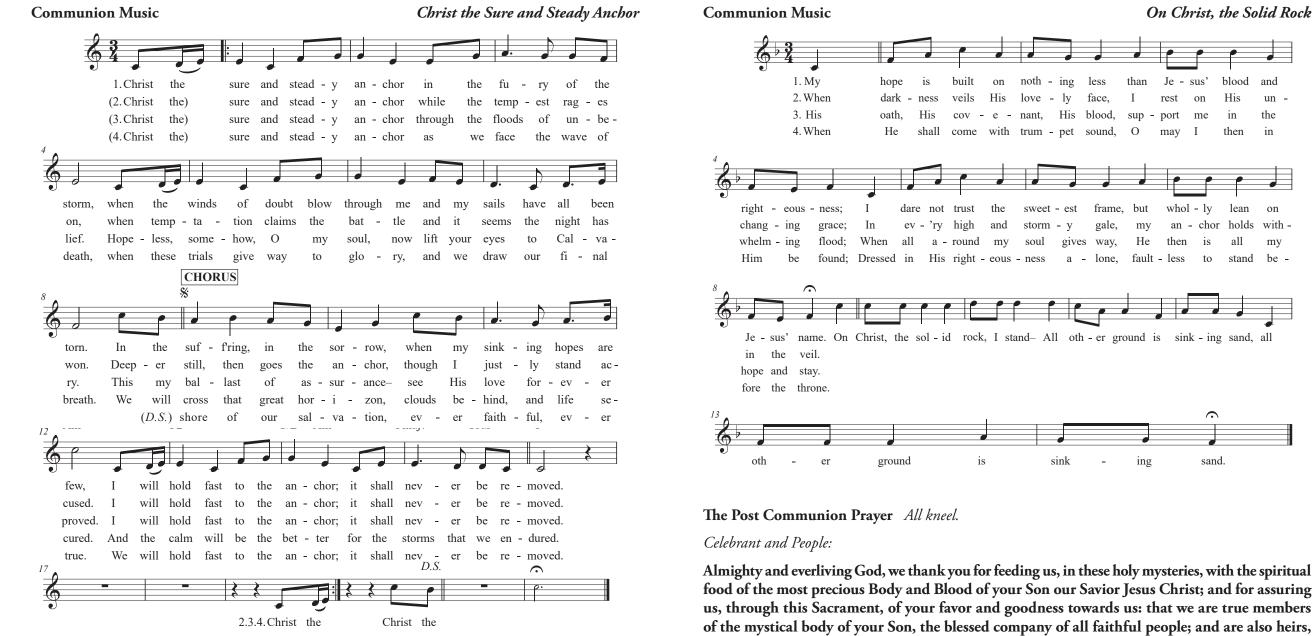


Prayer Ministry: If you would like to be prayed for by a team of prayer ministers, after receiving communion, please proceed to the prayer ministry teams in either transept. You may form a line along the wall of the transept if necessary.

Home Communion: If you are unable to attend services at St. Peter's because you are home-bound or otherwise unable, we can bring Communion to you. Please contact our Lay Eucharistic Minister-Visitor Coordinator, Lori Thompson, at <u>1loriandmichael1@gmail.com</u> O Come to the Altar







of the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, heavenly Father, to assist us with your grace, that we may continue in that holy fellowship, and do all the good works that you have prepared for us to walk in; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be all honor and glory, now and for ever. Amen.

The Blessing Remain kneeling.

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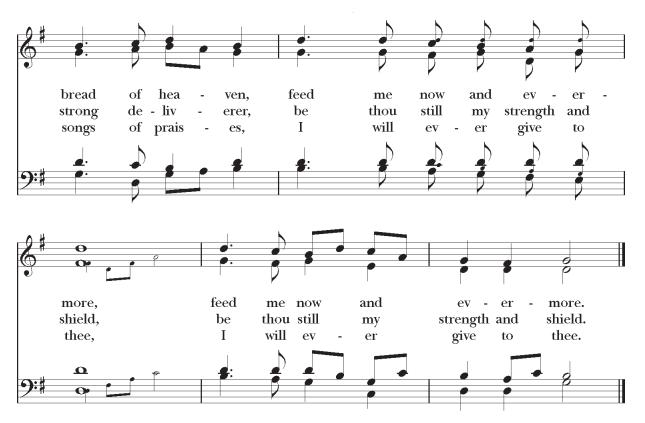
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Guide Me, O Thou Great Jehovah





Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: Cwm Rhondda, John Hughes (1873-1932)

The Dismissal

The People: Thanks be to God.

Postlude

Fugue in G minor

M. Dupré



SERVICES

9AM SUNDAY* | HOLY COMMUNION IN CONTEMPORARY LANGUAGE
11:15AM SUNDAY | HOLY COMMUNION IN TRADITIONAL LANGUAGE
5PM SUNDAY | HOLY COMMUNION IN CONTEMPORARY LANGUAGE | ST. MARY'S CHAPEL
12:10PM WEDNESDAY | HOLY COMMUNION & PRAYERS OF HEALING | CHANCEL
9AM MONDAY-FRIDAY | MORNING PRAYER | CHANCEL
4:30PM MONDAY | TUESDAY | THURSDAY | EVENING PRAYER | CHANCEL
*Service is live-streamed on our YouTube channel | YouTube.com/StPetersFL

OUR CLERGY

The Very Rev'd Marcus A. Kaiser, Sr. | Dean & Rector The Rev'd Canon Dr. Michael W. Petty | Canon for Discipleship The Rev'd Canon David B. Pucik | Canon for Worship & Pastoral Care The Rev'd David E. Marten | Associate for Family Life The Most Rev'd Robert W. Duncan, D.D. | Bishop in Residence The Rev'd Justin Hughes | Deacon The Rev'd Dr. Adriene B. Wright | Deacon Mr. Andrew Beluk | Missions & Evangelism Curate Mr. Ryan Cecil | Pastoral Curate *Priest on call after hours, pastoral emergencies only* | 850.391.6557

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