

# SPIRITUAL MENTORSHIP: AN OPPORTUNITY TO BE DISCIPLED

by Fred Thomson

*Blessed are those who hunger and thirst for righteousness, for they shall be filled. –Matthew 5:6*

Jesus thought so much of the importance of discipleship that he taught it as the centerpiece of His Great Commission and spent His entire ministry personally disciplining twelve men. Together with Paul, who Jesus also disciplined, these men became the backbone of the early church, and they were just ordinary guys that went through an extraordinary experience.

Discipleship is basically learning better how to walk with Jesus and how to more effectively carry out His call on your life. It is essential during any life stage but can be particularly impactful and critical during the parenting years.

Discipleship training or mentoring involves spending time with a spiritually mature man or woman to benefit from their experience in living out the challenge of our journey with Jesus. Every believer will benefit from and probably find themselves really enjoying this exercise in pursuing Christian maturity and learning how better to apply Scripture to life's issues. This most often takes place by meeting with your mentor once a week for an hour or two to share about God's work in and through your life. Mature mentors care for you but focus their work on helping you better center your life in Christ, allowing you to grow closer to the Lord.

Followers of Christ intrinsically desire to know Jesus more and crave greater intimacy with Him. The purpose of weekly time with a spiritual mentor is to help form you in the Christian life, with an eye toward an ever-increasing understanding and love for the Lord and for His Gospel. A Brother or Sister who mentors you is willing to walk through the process of discipleship—encouraging, pressing, and challenging you in your spiritual walk with Christ. It allows you to experience a depth of Faith that informs and influences decisions that you make in your marriage, as a parent, in your job, and in your daily life.

I personally had the wonderful experience of being disciplined by a gifted and godly man named Bob West when I was in my thirties, and it literally changed my life. St. Peter's has people willing to meet with anyone who would like to take advantage of this opportunity to grow in their faith journey. Please contact me ([FREDT@TBL-CPA.COM](mailto:FREDT@TBL-CPA.COM)), Eric Stockstill ([ERIC@TALCOR.COM](mailto:ERIC@TALCOR.COM)), or Larry Gonzalez ([LAWGONZ@EARTHLINK.NET](mailto:LAWGONZ@EARTHLINK.NET)) if you are a man interested in entering into such a discipleship relationship. And, if you are a woman looking for such an opportunity, please contact Tina Campbell ([TCAMPBELL@STPETERSFL.COM](mailto:TCAMPBELL@STPETERSFL.COM)).

A decision to enter into a relationship of discipleship will change your life forever. I pray that you will consider accepting this invitation to walk more closely with the Lord.

*Fred has disciplined dozens of men over the past four decades and is working to lead the newly launched mentorship ministry at St. Peter's. Fred and a new group of mentors are working together weekly now to be better able to offer even greater discipleship throughout the Cathedral in the coming months and years.*

# MISSIONS & EVANGELISM

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**PRISON: KAIROS** | The Madison Correctional Institution Kairos prison ministry weekend scheduled for November 2-5 at Madison Correctional Institution still needs volunteers. If you would like to join the team for this weekend, please contact Jason White, at [JASONWHITE48@GMAIL.COM](mailto:JASONWHITE48@GMAIL.COM) or 850.566.7702.

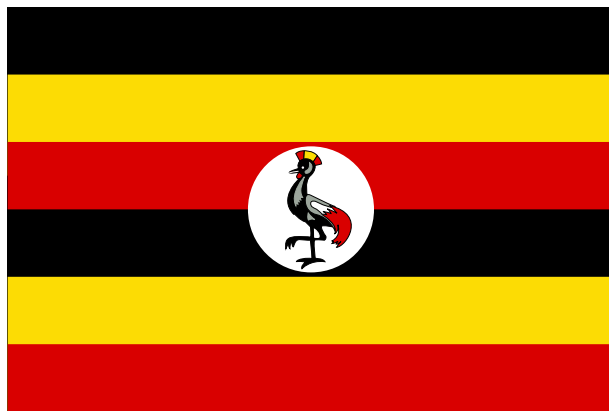
## **LIFE: PHI CENTER OPEN HOUSE**

*Thursday, 2 November | 3-7pm* | The PHI Center is a ministry that is dedicated to protecting life and nurturing families by providing ultrasounds, counseling, parenting classes, resources and so much more to women who think they may be pregnant, women who are pregnant and to mothers and fathers who have young children up to 5 years old. Please bring your family and join us as we celebrate over 100 ultrasounds given this year and 50 years serving Tallahassee families!! There will be music, refreshments, and a self guided prayer walk focused on highlighted rooms. For more information please contact Life Core Captain Beth Medley at [medley005@yahoo.com](mailto:medley005@yahoo.com)

## **LIFE | 40 DAYS FOR LIFE VIGIL**

*September 27<sup>th</sup>–November 5<sup>th</sup>* | 40 DAYS FOR LIFE is a focused pro-life campaign with a vision to access God's power to end abortion through prayer, fasting, and peaceful vigil. The mission of the campaign is to bring together the body of Christ in a spirit of unity, with the purpose of repentance, to seek God's favor to turn hearts and minds from a culture of death to a culture of life, thus bringing an end to abortion. You are invited to join us for the Fall Vigil, which is held in the public right of way, outside *Planned Parenthood at 2618 W Tennessee Street*, and we urge you to pray for an end to abortion. There will be an opening prayer service at 6:30 pm on Wednesday, September 27, 2023. To find out how to sign up and participate, please visit the website at [40DAYSFORLIFE.COM](http://40DAYSFORLIFE.COM).

**PRISON: COFFEE DRIVE** | Beginning in September, St. Peter's will begin regularly collecting **GROUND COFFEE** for our prison ministry needs. If you see it on sale at Publix, Costco, or anywhere else, pick up a few containers and bring them to the cathedral along with your peanut butter for ECHO. Please remember it will need to be **GROUND COFFEE** (*not coffee beans*). This will be used during our regular Prison Ministry events at local facilities. The large 3lb cans go the furthest, but we will take any and all that you can offer!



**INTERNATIONAL: AFRICAN TEA AND UGANDA MISSION RECAP TODAY** | Join our Uganda Mission Team in the Parish Hall between morning services **TODAY, 8 October** to enjoy some African Tea and hear about their mission to South Rwenzori Diocese.

**PARENTS' NIGHT OUT** | *Friday, 20 October 5:30-9pm* | Attention families with children, this night is for you! Parents, come to the Cathedral and drop your kids off. Please use this time as a date night, couples outing, or a break at home. We will have appetizer and chat time for parents from 5:30-6:30pm before you go out. Kids, come prepared to have dinner, Bible time, bingo, fun, and more. This is open to kids 0 to 5<sup>th</sup> grade. Youth are welcome to come help. Volunteers are needed for reception and children's programming. Please RSVP to Amy Stewart [ASTEWART@STPETERSFL.COM](mailto:ASTEWART@STPETERSFL.COM)

# DISCIPLESHIP

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## **MEN'S COOKOUT IS TODAY!**

*Sunday, 8 October | 5-7:30pm* | Come enjoy a beautiful fall evening at the Langford's barn at Penwaw Point located at *13913 North Meridian Road*. The barn overlooks the lake and has a spacious open-air pavilion creating the perfect opportunity for a fun time to catch up with one another in the great outdoors!

Mission BBQ and oysters will be served. RSVP at [STPETERSFL.COM/MENSCOOKOUT](http://STPETERSFL.COM/MENSCOOKOUT) to reserve your \$10 meal. Men of all ages are invited to share in this time of fellowship!

**SMALL GROUP LEADERSHIP SUMMIT** | If you are currently leading a small group or if you are interested in serving as a small group leader, you will want to be present for the St. Peter's Small Group Leadership Summit on *Sunday, October 22 from 12:30-3:30pm* in the Parish Hall. You will receive tips on how to lead a group and helpful information Bible study materials. Come network with other group leaders for insight and encouragement. For more information, email [SmallGroups@StPetersFL.com](mailto:SmallGroups@StPetersFL.com)

## **SECOND SUNDAY MIDDLE & HIGH SCHOOL PARTY TODAY!** | *Sunday, 8 October | 6-8pm*

Calling all middle and high schoolers - join us at the Youth House for dinner, games, and all-around fall fun! KendraMiriam Calhoun will be our guest speaker and will talk about her work at A WOMEN'S PREGNANCY CENTER.

## **CATHEDRAL TOUR**

*Saturday, 14 October | 10-11am* | No doubt many of you have attended numerous services and admired the beauty of the cathedral—have you considered taking a tour? Tours are given on the second Saturday of each month at 10AM.

You can learn about the symbolism of the West end of the building, the architectural details of the spires and crosses, why the construction took 2 years instead of 200, why the older cathedrals took hundreds of years to build, learn about the narthex, why the baptismal font is almost always at the west end, why the floor is supported by the prayers of the people, why the pews are the most expensive wood you will ever sit on, symbolism of the poppyheads on the ends of the pew, symbolism of the nave, roof, and roof support system, how and why Robert Mullins made the crucifix, learn about symbolism of the alter, Pulpit, Tester over the pulpit, and Lectern, learn about the statues and reredos made by Granda Liturgical in Spain, the stained glass windows made by Wipple Glass in Britain, how the stain glass windows are protected, the stations of the cross, the Cathedral organ and why the pulpit has a trap door. So, consider taking a tour and learning everything you would like to know about your Cathedral.

## **MARY & MARTHA GUILD**

*Monday, 9 October | 9:45am* | Join us for our October Gathering TOMORROW at the home of Elizabeth Maples. We start with a social hour at 9:45 and the meeting begins at 10:30. Our guest speaker will be Father Michael Petty. All women are invited and welcome!

# WORSHIP

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## VISITING THE CATHEDRAL?

*Welcome—we're so glad you're worshipping with us today!* Our nursery is available during Sunday morning services for children newborn through Kindergarten. We hope you'll join us on the lawn for coffee & other refreshments between morning services! Whether today is your first time or you've been coming for awhile, we are so glad you're here!

## CATHEDRAL PRAYER LIST & CARE MINISTRIES



If you have any pastoral needs or know of someone who needs pastoral care and prayer, please contact Care Ministries Coordinator, Alice Sanderson at [ASANDERSON@STPETERSFL.COM](mailto:ASANDERSON@STPETERSFL.COM)

Please call the Cathedral Office at 850.701.0664 or email [ASANDERSON@STPETERSFL.COM](mailto:ASANDERSON@STPETERSFL.COM) to be added to the Cathedral Prayer List. [YOU CAN ALSO SUBMIT A PRAYER REQUEST OR CARE MINISTRY NEED AT STPETERSFL.COM/PRAYER](https://www.stpetersfl.com/prayer)

***Military:*** Lucas Bell, Jose Betancourt, Lt. Col. David Chichetti, SSG Corey Daws, PFC Sam Henri, SSgt Corey Owen, Lt. Col. Daniel Dean, Capt. James Dilworth, Capt. John Easterbrook Jr, Airman Drew Edwards, Sgt. Michael Gaskins, Capt. Griffin Jax, Capt. Savannah B. Jax, Capt. Parker Jax, Capt. Chandler B. Jax, 1st Lt. Carson Jax, 1st Lt. Rebecca Jax, Gabriel Melendez, Col. Burt Newman, Major Gen. John Richardson, Capt. Oliver Rushing, Spc. Andrew Sanderson, Lt. Cmdr. Chris Smith, SFC Dewey Spence, Lt. Patrick Swain, Capt. Parry Thomas, Lt. Cmdr. Blake Van Brunt Jr, MM3 Tommy VanLandingham, SN Benjamin Waddill, PFC John P. Warren, 2nd Lt Jack Ubben, PFC Noah C. Bielling

***Parishioners, Relatives, and Friends:*** SDavid Ferguson, Scott Patton, Mark Piddy, Patty Howard, Bonnie Cook, Richard Clemens, Eva, Fred, Pat Barnidge, Gordon, Sarah & Jim Hampson, Bobby Buckingham, Kim Wilson, Clayton & Philip Jax, Tom McHaffie, Cindy & Ben, Vicki, Bart, Katherine

*as of 10.5.23*

**WEDNESDAY NIGHT CHORAL EVENSONG** | We're excited that this fall, in lieu of Choral Compline, we will be offering Choral Evensong each *Wednesday at 5:30PM*. Come have dinner at 5PM and then head upstairs to the Chancel for Evensong or come for Evensong at 5:30PM and eat dinner in the Parish Hall right after, but before classes begin at 6:15PM. While various ensembles and the Men's Compline Choir will often lead, our Choristers will be leading this service on the following dates:

**11.1** | 2<sup>nd</sup> Grade & Older | K & 1<sup>st</sup> Grade: Prelude    **12.20** | Chorister Christmas | All Choristers  
**12.6** | Youth Choristers



*The Lectern in St. Mary's Chapel is Given to the Glory of God  
And in Memory of Marvin 'Bud' Carlson,  
By his Daughters, Julie, Caroline, Polly, and his Grandchildren.  
It will be dedicated at the 5pm service Sunday, 8 October 2023.*

