

A HOLY MAKEOVER

Do you remember the cable network show “*What Not to Wear*” hosted by Clint and Stacy from the early 2000s? The American TV series was spun off a British television series of the same name that first aired in 2001. Two fashion-savvy hosts ambush an unsuspecting individual nominated by family and friends who is “unfashionable” in the most awkward, tacky, frumpy way and give them \$5,000 to buy a whole new wardrobe after they are given sensible fashion guidance in the three-way mirror.

On any given day, any one of us may find ourselves feeling unfashionable. But are we “unfashionable” because we can’t figure out if we have a pear or apple-shaped body? Or is it deeper than knowing the difference between an empire waist and an A-line dress?

A true makeover happens from the inside out, not with a simple change of clothes.

Join us on October 6 & 7 for a Holy Makeover with the Daughters of the Holy Cross Provincial President, Deacon Shelly Sorem. Shelly is going to take us on a whole new *What Not to Wear* journey as we dive deep into *Colossians 3:12-14*. We will take a look at what it means to be God’s chosen people and what the Lord says we need to clothe ourselves in as we focus on the virtues outlined in Colossians—compassion, kindness, humility, gentleness, and patience.

The Holy Makeover Fall Gathering is open to all women and is offered at no cost to attendees, but registration is needed. Registration is still open at STPETERSFL.COM/MAKEOVER

We can’t wait to see you next weekend and discover a whole new wardrobe designed by God himself!

ABOUT OUR SPEAKER

Shelly is a deacon in the Diocese of the Western Gulf Coast and a chaplain at the Westlake Volunteer Fire Department. She serves as the Provincial Council President for Daughters of the Holy Cross. She serves on her diocesan Women’s Ministry team, on the Women’s Leadership Initiative for ACNA and on the ARDF Domestic Disaster Response Team. She speaks at conferences and retreats nationally and internationally. Shelly is passionate about people coming to know and love the Lord and growing in their faith. She loves teaching the Word of God and helping people dig into Scripture for themselves in order to learn how to apply it to their lives.

She and her husband Bill have been married for 32 years. They have two adult daughters who are married and three granddaughters. She loves being Mimi to her granddaughters and enjoys time at the beach and hiking in the mountains.

MISSIONS & EVANGELISM

PRISON: KAIROS | The Madison Correctional Institution Kairos prison ministry weekend scheduled for November 2-5 at Madison Correctional Institution still needs volunteers. If you would like to join the team for this weekend, please contact Jason White, at JASONWHITE48@GMAIL.COM or 850.566.7702.

UNDER-RESOURCED: GRACE MISSION

Grace Mission has two volunteer opportunities:

1. We need two volunteers to assist with shower schedules on FRIDAYS FROM 10AM-12:30PM. This involves handing each visitor a washcloth and towel and sanitizing the shower stall between showers. There are usually five showers during this time.
2. Additionally, we need volunteers to help with the ANNUAL GRACE MISSION BLUES AND BBQ event on SATURDAY, NOVEMBER 4.

Please contact Heidi King at 850.668.5525 for more information.

LIFE | 40 DAYS FOR LIFE VIGIL

September 27th–November 5th | 40 DAYS FOR LIFE is a focused pro-life campaign with a vision to access God's power to end abortion through prayer, fasting, and peaceful vigil. The mission of the campaign is to bring together the body of Christ in a spirit of unity, with the purpose of repentance, to seek God's favor to turn hearts and minds from a culture of death to a culture of life, thus bringing an end to abortion. You are invited to join us for the Fall Vigil, which is held in the public right of way, outside *Planned Parenthood at 2618 W Tennessee Street*, and we urge you to pray for an end to abortion. There will be an opening prayer service at 6:30 pm on Wednesday, September 27, 2023. To find out how to sign up and participate, please visit the website at 40DAYSFORLIFE.COM.

PRISON: COFFEE DRIVE | Beginning in September, St. Peter's will begin regularly collecting GROUND COFFEE for our prison ministry needs. If you see it on sale at Publix, Costco, or anywhere else, pick up a few containers and bring them to the cathedral along with your peanut butter for ECHO. Please remember it will need to be GROUND COFFEE (*not coffee beans*). This will be used during our regular Prison Ministry events at local facilities. The large 3lb cans go the furthest, but we will take any and all that you can offer!



INTERNATIONAL: AFRICAN TEA AND UGANDA MISSION RECAP | Join our Uganda Mission Team in the Parish Hall between morning services next *Sunday, 8 October* to enjoy some African Tea and hear about their mission to South Rwenzori Diocese.

HUMAN TRAFFICKING: CITY WIDE PRAYER EVENT TOMORROW | *Monday, 2 October* | 6pm | Please join us on for an interdenominational event to pray for the end of human trafficking, both in Tallahassee and worldwide! Contact Julie Dombroski with any questions.

THE BIG RED BUS IS COMING

Sunday, 8 October | 8:30am-1:30pm

Donors will receive a \$20 eGift card, and a t-shirt! Sign up at STPETERSFL.COM/BIGREDBUS

DISCIPLESHIP



50+ LUNCH & LEARN | *Thursday, 5 October* | *Noon*
The Sr. Luncheon has a new name...it's "50+ Lunch and Learn". Join us on October 5, 2023 for a delicious lunch, fellowship and a great speaker, our own DAVE LANG. Registration is important for planning. Please register at STPETERSFL.COM/LUNCHANDLEARN

OCTOBER MEN'S BREAKFAST



Thursday, 5 October, 7am | \$5

Men's Breakfasts have returned to the First Thursday of the month at 7am.

Join us in the Parish Hall where the Men's Ministry Leadership Team will have hot coffee and a home-cooked breakfast ready for you! Enjoy your breakfast over a time of fellowship with other men! Visit STPETERSFL.COM/MENSBREAKFAST to RSVP to ensure we have enough breakfast, or you are welcome to bring your own breakfast.

MOM TO MOM IS BACK

 | *Thursdays* | *9:30am*

Mom to Mom began again this week in the Parish Hall. Mom to Mom is an intergenerational study of God's word in which older moms mentor younger moms and encourage them as they do the most important work of raising children who love the Lord.

ANGLICAN ALEXANDRIA, BIBLICAL CAIRO, & ANCIENT EGYPT: PILGRIMAGE WITH THE DUNCANS

There is one cabin left on Archbishop Bob and Nara's Nile Cruise from *February 22–March 6, 2024*. Join fellow parishioners in a once-in-a-lifetime experience connecting present-day Christians, the Biblical stories, and the wonders of ancient Egypt. More information can be found by visiting STPETERSFL.COM/EGYPT2024 or by talking to the Duncans.

MEN'S COOKOUT NEXT SUNDAY!

Sunday, 8 October | *5-7:30pm* | Come enjoy a beautiful fall evening at the Langford's barn at Penwaw Point located at *13913 North Meridian Road*. The barn overlooks the lake and has a spacious open-air pavilion creating the perfect opportunity for a fun time to catch up with one another in the great outdoors!

Mission BBQ and oysters will be served. RSVP at STPETERSFL.COM/MENSCOOKOUT to reserve your \$10 meal. Men of all ages are invited to share in this time of fellowship!

PARENTS' NIGHT OUT

 | *Friday, 20 October*

5:30-9pm | Attention families with children, this night is for you! Parents, come to the Cathedral and drop your kids off. Please use this time as a date night, couples outing, or a break at home. We will have appetizer and chat time for parents from *5:30-6:30pm* before you go out. Kids, come prepared to have dinner, Bible time, bingo, fun, and more. This is open to kids 0 to 5th grade. Youth are welcome to come help. Volunteers are needed for reception and children's programming. Please RSVP to Amy Stewart ASTEWART@STPETERSFL.COM



WORSHIP

VISITING THE CATHEDRAL?

Welcome—we're so glad you're worshipping with us today! Our nursery is available during Sunday morning services for children newborn through Kindergarten. We hope you'll join us on the lawn for coffee & other refreshments between morning services! Whether today is your first time or you've been coming for awhile, we are so glad you're here!

CATHEDRAL PRAYER LIST & CARE MINISTRIES



If you have any pastoral needs or know of someone who needs pastoral care and prayer, please contact Care Ministries Coordinator, Alice Sanderson at ASANDERSON@STPETERSFL.COM

Please call the Cathedral Office at 850.701.0664 or email ASANDERSON@STPETERSFL.COM to be added to the Cathedral Prayer List. [YOU CAN ALSO SUBMIT A PRAYER REQUEST OR CARE MINISTRY NEED AT STPETERSFL.COM/PRAYER](mailto:ASANDERSON@STPETERSFL.COM)

Military: Lucas Bell, Jose Betancourt, Lt. Col. David Chichetti, SSG Corey Daws, PFC Sam Henri, SSgt Corey Owen, Lt. Col. Daniel Dean, Capt. James Dilworth, Capt. John Easterbrook Jr, Airman Drew Edwards, Sgt. Michael Gaskins, Capt. Griffin Jax, Capt. Savannah B. Jax, Capt. Parker Jax, Capt. Chandler B. Jax, 1st Lt. Carson Jax, 1st Lt. Rebecca Jax, Gabriel Melendez, Col. Burt Newman, Major Gen. John Richardson, Capt. Oliver Rushing, Spc. Andrew Sanderson, Lt. Cmdr. Chris Smith, SFC Dewey Spence, Lt. Patrick Swain, Capt. Parry Thomas, Lt. Cmdr. Blake Van Brunt Jr, MM3 Tommy VanLandingham, SN Benjamin Waddill, PFC John P. Warren, 2nd Lt Jack Ubben, PFC Noah C. Bielling

Parishioners, Relatives, and Friends: Scott Patton, Mark Piddy, Patty Howard, Bonnie Cook, Richard Clemens, Eva, Fred, Pat Barnidge, Gordon, Sarah & Jim Hampson, Bobby Buckingham, Kim Wilson, Bart, Pat, Katherine, Clayton & Philip Jax, Tom McHaffie, Cindy & Ben, Bill Pandolfi, Mary Meloni, Vicki

as of 9.28.23

WEDNESDAY NIGHT CHORAL EVENSONG | We're excited that this fall, in lieu of Choral Compline, we will be offering Choral Evensong each *Wednesday at 5:30PM*. Come have dinner at 5PM and then head upstairs to the Chancel for Evensong or come for Evensong at 5:30PM and eat dinner in the Parish Hall right after, but before classes begin at 6:15PM. While various ensembles and the Men's Compline Choir will often lead, our Choristers will be leading this service on the following dates:

10.4 | 4th Grade & Older

12.6 | Youth Choristers

11.1 | 2nd Grade & Older | K & 1st Grade: Prelude

12.20 | Chorister Christmas | All Choristers