holiness and good works in Christ. (*Job 27:2–4; Matthew 10:19–20; John 14:12; 16:12–15; Acts 6:10; 13:2; Romans 8:15–17, 26–27*)

# 88. How do you receive the Holy Spirit?

The Scriptures teach that, by repenting and being baptized in the Name of Jesus Christ, I am forgiven my sins and I receive the Holy Spirit, who gives me new birth in Christ and frees me from the power of sin. (*Luke 11:11–13; John 3:1–7; Acts 2:38; 8:14–17; 19:1–6; 1 Corinthians 6:9–11; 12:13; 2 Timothy 1:6–7*)

# 89. What is the fruit of the Holy Spirit?

The fruit of the Holy Spirit is the very character of Jesus developing in us through the work of the Holy Spirit: "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control." (*Galatians 5:22–25; see also Matthew 7:15–20; 12:33–35*)

# 90. What are the gifts of the Holy Spirit?

Among the many gifts of the Holy Spirit named in the New Testament are faith, healing, miracles, prophecy, discernment of spirits, other languages ("tongues"), the interpretation of other languages, and words of wisdom and knowledge. The Spirit distributes gifts to individuals as he wills for the sake of the Body of Christ. Other gifts in the New Testament include administration, service, encouragement, evangelism, teaching, giving, leadership, and mercy. Jesus promises that the Father will give the Holy Spirit to those who ask. (*Luke 11:13; Romans 12:3–8; I Corinthians 12:7–31; Ephesians 4:7–11; I Peter 4:10–11*)

# 91. Why does the Holy Spirit give such gifts?

The Holy Spirit equips and empowers believers with gifts for service in the worship of Jesus Christ, for the building up of his Church, and for witness and mission to the world. *(Exodus 31:1–11; Luke 9:1–6; 1 Corinthians 12:12–26; Ephesians 4:12–16)* 

### A Prayer for the Holy Spirit's Ministry

Come, Holy Spirit, fill the hearts of your faithful people and kindle in me the fire of your love. Direct and rule my heart in all things, empower me for witness and ministry, and daily increase in me your gifts and fruit, to the glory of God the Father; through Jesus Christ our Lord. Amen.

# "THE HOLY CATHOLIC CHURCH"

#### 92. What is the Church?

The Church is the whole community of faithful Christians in heaven and on earth, called and formed by God into one people. The Church on earth gathers to worship God in Word and Sacrament, to serve God and neighbor, and to proclaim the Gospel to the ends of the earth. *(Exodus 19:4–6; Psalm 22:22–23; Matthew 28:19–20; Ephesians 2:11–22; I Peter 2:4–10; Articles of Religion, 19)* 

#### 93. How does Holy Scripture teach you to view the Church?

Holy Scripture teaches me to view the Church as God's family, as the Body and bride of Christ, and as the temple where God in Christ dwells by his Spirit. *(Isaiah 54:5–8; Hosea 2:16–20; Matthew 12:46–50; 1 Corinthians 3:16–17; 2 Corinthians 6:14–7:1; Revelation 5:9–10; 19:6–10)* 

#### 94. Why is the Church called the Body of Christ?

The Church is called the Body of Christ because all who belong to the Church are united to Christ as their Head and source of life, and are united to one another in Christ for mutual love and service to him. (*Romans 12:4–5; I Corinthians 12:12–27; Ephesians* 1:22–23; 5:25–30)

### 95. What are the "marks" or characteristics of the Church?

The Nicene Creed expands upon the Apostles' Creed to list four characteristics of the Church: it is "one, holy, catholic, and apostolic." *(see Articles of Religion, 8)* 

#### 96. In what sense is the Church "one"?

The Church is one because all its members form the one Body of Christ, having "one Lord, one faith, one baptism, one God and Father of all" *(Ephesians 4:5–6)*. The Church is called to embody this unity in all relationships between believers. *(Psalm 133; John 17:11, 20–23; Ephesians 2:11–22; 4:2–6)* 

# 97. Why is the Church called "holy"?

The Church is holy because the Holy Spirit dwells in it and sanctifies its members, setting them apart to God in Christ and calling them to moral and spiritual holiness of life. *(Exodus 19:3–6; Leviticus 19:1–2; 20:22–26; Psalm 15; John 17:17–19; Acts 26:16–18; I Corinthians 3:16–17; Colossians 3:12–15)* 

# 98. Why is the Church called "catholic"?

The Church is called "catholic" ("according to the whole") because it keeps the whole faith it has received from the Lord, in continuity with the whole Church, in all times and places. (*Micah 4:1–4; Acts* 2:1–11; I Corinthians 15:1–8; 2 Timothy 1:13–14; Jude 3; Revelation 5:9–10)

# 99. Why is the Church called "apostolic"?

An apostle is one who is sent. The Church is called "apostolic" because it holds the faith of the first apostles sent by Christ. In continuity with them, the Church is likewise sent by Christ to proclaim the Gospel and to make disciples throughout the whole world. *(Matthew* 10:1-4, 40-42; 28:18-20; Acts 2:42; 13:1-4; Ephesians 2:19-21)

# "THE COMMUNION OF SAINTS"

#### 100. Who are the saints?

The saints are all those in heaven and on earth who place their faith in Jesus Christ, who are set apart, holy to God in Christ, and transformed by his grace. *(Leviticus 19:1–2; Deuteronomy 7:6; Psalm 16:1–3; 1 Peter 2:4–10; Revelation 7:9–17)* 

#### 101. What does the word "communion" mean?

"Communion" means being "one with" someone in union and unity. For Christians, it refers to the unity of the three Persons within the one Being of God, to our union with God through our union with Christ, and to our unity with one another in Christ. (*Psalm 85; Ezekiel 37:24–28; John 17:20–26; 2 Corinthians 13:11–14; 1 John 1:1–3*)

#### 102. What is the "communion of the saints"?

The communion of the saints is the fellowship of all those, in heaven and on earth, who are united in Christ as one Body, through one Spirit, in Holy Baptism. *(Psalm 149; Ephesians 2:13–22; Hebrews 12:1–3)* 

#### 103. How do you participate in the communion of the saints?

I live as a member of the communion of saints through faith in Jesus Christ and the work of the Holy Spirit by gathering to worship God with my fellow Christians, by praying for and encouraging one another, and by coming to one another's aid in times of trouble, sickness, or grief. *(Psalm 133; Acts 2:42–47; Colossians 3:16; I Thessalonians 5:11–18; Hebrews 10:24–25; James 5:13–20)* 

# 104. How are the Church on earth and the Church in heaven joined in worship?

Through union with Christ, as celebrated in the sacrament of Holy Communion, the Church on earth participates with the Church in heaven in the eternal worship of God. *(Exodus 24:9–11; Psalm 148; 1 Corinthians 10:16–17; Hebrews 12:18–29; Revelation 19:1–9)* 

# "THE FORGIVENESS OF SINS"

#### 105. What are sins?

Sins are intentions, acts, or failures to act that arise out of my corrupted human nature and fall short of conformity to God's revealed will. (*Psalm 53; Isaiah 59:1–15; Jeremiah 17:9; Romans 3:23; James 4:17; I John 3:4–10*)

#### 106. How does God respond to human sin?

All sin is opposed to the righteousness of God and is therefore subject to God's holy condemnation; yet God in his mercy offers me forgiveness and salvation from sin through his Son, Jesus Christ, the only Savior. (*Psalm 130; Isaiah 1:2–4; Micah 7:18–19; John 3:17–21; Romans 1:18–2:4; 3:24–26; 5:6–10*)

### 107. How does God forgive your sins?

By virtue of Christ's atoning sacrifice, in which I put my trust, God sets aside my sins, accepts me, and adopts me as his child and heir in Jesus Christ. Loving me as his child, he forgives my sins whenever I turn to him in repentance and faith. (Leviticus 26:40–45; Psalm 78:35–39; Matthew 26:27–28; Luke 15:11–32; 2 Corinthians 5:16–21; Galatians 4:1–7)

### 108. How should you respond to God's forgiveness?

Trusting in God's continual forgiveness, I should live in continual thanks, praise, and obedience to him; and as I have been loved and forgiven by God, so I should love and forgive those who sin against me. (*Psalm 51:7–17; Isaiah 44:21–23; Matthew 6:12; 18:21–35; Ephesians 4:32*)

### 109. What is grace?

Grace is God's undeserved gift of his love, mercy, and help, which he freely offers to us who, because of our sin, deserve only condemnation. (*Genesis* 50:15–21; *Psalm* 106; *Joel* 2:12–13; *Luke* 7:36–50; *Romans* 5:15–21; *Ephesians* 2:4–9; *Hebrews* 4:14–16)

## 110. For what purpose does God give you grace?

God gives me grace in Christ for the forgiveness of my sins, redemption from sin's power, healing of sin's effects, and growth in holiness, to my final transformation into the likeness of Christ. (*Psalms 25:6–12; 119:29–32; Jonah 3; Matthew 9:1–8; Romans 6:1–11;* 2 Corinthians 3:16–18; Titus 3:4–7)

### III. Can you earn God's grace?

No. God gives his grace freely and enables me to receive it. Everything I do for God should be in response to his love and grace made known in Christ, for "while we were still sinners, Christ died for us," and "we love because he first loved us." (*Romans 5:8; I John 4:19; see also Exodus 34:5–10; Psalm 23; John 10:7–18; Ephesians 2:1–10; 2 Timothy 1:8–10*)

### 112. Is God's grace only for your religious or spiritual life?

No. God wants to redeem every aspect of my life, and his grace in Christ is at work in all of it. (*Psalm 40; Isaiah 1:13–20; Matthew* 6:25-33; *Titus 2:11–14*)

### 113. Does God give grace only to Christians?

No. God's common grace can be seen in his provision for all people. "He makes his sun rise on the evil and on the good, and sends rain on the just and on the unjust" (*Matthew 5:45*). However, he shows his saving grace by granting salvation to those who

place their faith in Christ. (*Psalms 65:5–13; 145:8–9; Acts 14:15–17; Romans 5:1–11*)

# "THE RESURRECTION OF THE BODY"

# 114. What does Holy Scripture tell you about your body?

Holy Scripture tells me that my body, though tainted by sin, was created good, bearing the image of God and endowed with great dignity. Therefore, from the moment of conception to natural death, every human body and every human life should be cared for, protected, and loved. (*Genesis 1:26–28; Psalm 139:7–18; Matthew 11:2–5; 1 Corinthians 6:19–20; James 3:8–10*)

#### 115. Why will you die?

Because sin and death now corrupt this world, my body will degenerate and die. But, by the will of God, my soul will be with the Lord, and I will rise bodily from death when Jesus Christ returns to judge the living and the dead. *(Genesis 2:15–17; 3:22–24; Psalm 82:7; Ecclesiastes 2:16; John 6:35–40; Romans 5:12–14; I Corinthians* 15:13–28)

### 116. What is the resurrection of the body?

When the risen Lord Jesus returns to judge the earth, he will raise all the dead to bodily life. The wicked will then receive eternal condemnation, and the righteous eternal life in the glory of God. (*Psalm 16; Ezekiel 37:1–14; Daniel 12:1–3; Matthew 25:31–34, 41, 46;* John 5:25–29; I Thessalonians 4:13–17; Revelation 20:11–15)

#### 117. What do you know about the resurrected bodies of believers?

They will be fully renewed and glorified in the image of Christ, perfected after the manner of his own resurrected and ascended body. *(Job 19:25–27; John 11:23–27; I Corinthians 15:35–58; Philippians 3:20–21)* 

# 118. How should you live as you await the resurrection of your body?

Because I put my hope in God's resurrection of my body, I should honor and care for it. I should refrain from any violence, disrespect, or sin that would harm, demean, or violate either my body or the bodies of others. (*Psalm 35:9–10; Matthew 25:35–45; Romans 6:5–14; I Corinthians 6:9–20; I John 3:1–3*)

# "AND THE LIFE EVERLASTING"

# 119. What do you know about the unending resurrected life of believers?

I know that it will be an eternal life of joyful fellowship with our triune God, together with all his saints and angels, singing his praises and serving him in the renewed creation. (*John 17:20–24; Revelation 7:9–17; 21:1–4; 21:22–22:5*)

# 120. How should you live in light of this promise of unending life?

I should live in joyful expectation of the fullness of my transformation, soul and body, into the likeness of Christ. In the midst of suffering or in the face of hostility and persecution, I am sustained by the hope of a new heaven and earth, freed from Satan, evil, suffering, and death. (*Psalm 21:1-7; John 14:1-7; Ro*mans 13:11-14; 2 Corinthians 4:16-5:11; Philippians 3:7-21; 1 Peter 1:3-9; 5:6-11)

# CONCERNING SACRAMENTS

#### 121. What is a sacrament?

A sacrament is an outward and visible sign of an inward and spiritual grace. God gives us the sign as a means by which we receive that grace

and as a tangible assurance that we do in fact receive it. (*Genesis 17:1–21; John 6:53–58; Romans 2:25–29; 1 Corinthians 10:16; 1662 Catechism*)

## 122. How should you receive the sacraments?

I should receive the sacraments by faith in Christ, with repentance and thanksgiving. Faith in Christ is necessary to receive the grace of the sacraments, and obedience to Christ is necessary for the benefits of the sacraments to bear fruit in my life. (Mark 16:16; John 6:52–58; Acts 2:38–47; I Corinthians II:27–32; 1662 Catechism; Articles of Religion, 28)

# 123. What sacraments were ordained by Christ?

The two sacraments ordained by Christ that are "generally necessary to salvation" *(1662 Catechism)* are Baptism and Holy Communion (also called the Lord's Supper or the Holy Eucharist). These are sometimes called "sacraments of the Gospel." *(Articles of Religion, 25; see also Matthew 28:19–20; Luke 22:14–20; John 6:52–58; I Corinthians 11:23–26; 2 Corinthians 1:21–22)* 

### 124. Are there other sacraments?

Other rites and institutions commonly called sacraments include confirmation (2 Timothy 1:6-7; Hebrews 6:1-2), ordination (Numbers 8:9-14; 27:18-23; 1 Timothy 4:14), marriage (Genesis 2:18-24; Matthew 19:4-6; John 2:1-11), absolution (John 20:21-23; Acts 2:37-41), and the anointing of the sick (James 5:14). These are sometimes called "sacraments of the Church."

# 125. How do these differ from the sacraments of the Gospel?

They were not ordained by Christ as necessary to salvation, but arose from the practices of the apostles and the Early Church, or were blessed by God in Scripture. God clearly uses them as means of grace. (*Articles of Religion*, 25)

#### BAPTISM

## 126. What is the outward and visible sign in Baptism?

The outward and visible sign is water, in which candidates are baptized "in the Name of the Father, and of the Son, and of the Holy Spirit." (Book of Common Prayer 2019; see also Genesis 9:8–17; Matthew 28:19–20; I Peter 3:18–22)

#### 127. What is the inward and spiritual grace given in Baptism?

The inward and spiritual grace is death to sin and new birth to righteousness, through union with Christ in his death and resurrection. I am born a sinner by nature, separated from God. But in Baptism, through faith in Christ and the gift of the Holy Spirit, I am made a member of Christ's Body and adopted as God's child and heir. (*Psalm 51:1–2, 7–10; Ezekiel 36:25–26; John 3:3–5; Romans 6:1–11; Colossians 2:9–14*)

#### 128. What is required of you when you come to be baptized?

Two things are required: repentance, in which I turn away from sin; and faith, in which I turn to Jesus Christ as my Savior and Lord and trust the promises that God makes to me in this sacrament. (*Psalm 51:3–6, 13–17; Mark 1:14–15; Acts 2:37–38*)

#### 129. Why is it appropriate to baptize infants?

Because it is a sign of God's promise that they are embraced in the covenant community of Christ's Church. Those who in faith and repentance present infants to be baptized vow to raise them in the knowledge and fear of the Lord, with the expectation that they will one day profess full Christian faith as their own. (Deuteronomy 6:6-9; Proverbs 22:6; Mark 2:3-5; Acts 2:39; 16:25-34)

# 130. What signs of the Holy Spirit's work should you hope and pray to see as a result of your Baptism?

I should hope and pray that the Holy Spirit, who indwells me, will help me to be an active member of my Christian community, participate in worship, continually repent and return to God, proclaim the faith, love and serve God and my neighbor, and seek justice and peace. (*Matthew 22:35–40; Hebrews 10:19–28; 12:14; I Peter 3:15; I John 1:9; 2:1*)

#### HOLY COMMUNION

131. Why did Christ institute the sacrament of Holy Communion? He instituted it for the continual remembrance of the sacrifice of his atoning death, and to convey the benefits of that sacrifice to us. (*Exodus 24:1–10; Psalm 23:5–6; Luke 22:17–20; John 6:25–51; 1 Corinthians 10:16–17*)

132. What is the outward and visible sign in Holy Communion? The visible sign is bread and wine, which Christ commands us to receive. *(I Corinthians 11:23–26)* 

# 133. What is the inward gift signified?

The inward gift signified is the Body and Blood of Christ, which are truly taken and received in the Lord's Supper by faith. (*Deuteronomy 8:1–20; Psalm 78:17–29; John 6:52–56; I Corinthians 10:1–4, 16–18*)

# 134. What benefits do you receive through partaking of this sacrament?

As my body is nourished by the bread and wine, my soul is strengthened by the Body and Blood of Christ. I receive God's forgiveness, and I am renewed in the love and unity of the Body